

## PROFESSIONAL PROFILE

- Six years clinical experience in the critical care setting specifically in high dependency units.
- Committed to the provision of safe, patient-centered, and cost-effective quality service.
- One year and six months of experience as an Infection Control Nurse focusing on the implementation of infection control policies and surveillance of hospital acquired infections.
- Given a Values in Action Award for contributions made as part of the ward's Skin Care Team.
- A team player with a deep understanding of the importance of collaborative patient care.
- *Currently undergoing IRON program with MCIE and WHCG.*

## PROFESSIONAL EXPERIENCE

05 March 2012 – 9 October 2015:

### **Staff Nurse I**

Surgical High Dependency Unit  
National University Hospital  
5 Lower Kent Ridge Road, Singapore  
(65) 6779 5555

As a full-time staff, duties and responsibilities include:

- Initial and continuous assessment of patient's condition post-operatively, close monitoring of patient's parameters, consciousness, pain, input and output including those, as well as early signs of post op complications.
- Carrying out investigations such as blood tests and diagnostic imaging procedures, tracing the results and promptly communicating these results to the physicians.
- Assisting physicians in bedside procedures such as central line, intra-arterial line, and other invasive tube insertions.
- Safe administration of medications via the specified routes as well as transfusion of blood products in accordance to hospital policies and standards of care while keeping close observation of their desired and adverse effects.
- Performing wound dressings including change of VAC dressings and stoma appliances.
- Evaluation of care provided, monitoring patient's progress and ensuring continuity of care.
- Thorough documentation of care provided.
- Participating in physicians' rounds, communicating and discussing patient's progress with them and with the other members of the collaborative team involved in the patient's care.
- Pre-operative preparations for patients, may it be a scheduled or emergency surgical procedure.
- Providing safe bed side care and attending to patient's needs.
- Providing the patient and their family information and education regarding disease prevention, health education, and rehabilitation techniques.
- Displaying proper use and care of hospital equipment such as, but are not limited to, cardiac monitors, infusion and feeding pumps, hoist machine, ABG and ECG machines, as well as bladder scanner.
- Demonstrating awareness of current nursing and health care practices and ensures continuous professional and personal development.

- As part of the ward's Skin Care Team, assisting colleagues in the proper assessment and management of wounds like pressure sores and excoriations, ensuring that the appropriate skin breakdown prevention measures are put up, and facilitating lectures and skin care rounds for continuing education and case discussions for fellow nurses.

19 January 2012 – 04 March 2012:

Time spent for the preparation of workplace transition.

01 June 2010 – 18 January 2012:

As a full-time Infection Control Nurse, duties and responsibilities were as follows:

**Infection Control Nurse**

Prevention and Control of Infection Services

Chong Hua Hospital  
Fuente Osmeña, Cebu City,  
Philippines  
(63) 32 255-8000

- Conducted daily surveillance on hospital acquired infections in the Adult and Pediatric Intensive Care Unit, and the Coronary Care Unit. Made rounds on these areas for case findings and data gathering. Recorded, collated, interpreted, and reported gathered data to the Infection Control Committee, the Quality Council, and to the units concerned.
- Coordinated with the different support services with regards to the formulation and implementation of policies and procedures where prevention and control of infection is a concern.
- Ensured implementation of isolation guidelines, infection control policies, rules, and regulations. Addressed infection control issues inside the hospital.
- Monitored needle stick injuries, blood and body fluid exposures, as well as exposures to infectious diseases of the healthcare staff. Referred them accordingly to the Chair of the Infection Control Committee and the Company Physician for post exposure management. Made written reports on these incidences and contributed recommendations for the avoidance of such events.
- Reviewed and monitored the vaccination status of all employees of the hospital. Administered anti-Hepatitis B vaccines and flu vaccines to employees.
- Provided lectures regarding infection control and isolation guidelines to newly hired healthcare staff. Educated employees on new infection control policies.
- Counseled clients for HIV antibody screening and ensured their confidentiality.
- Coordinated with the City Health and Department of Health representatives for the reporting of communicable diseases such as Dengue, Typhoid Fever, and Measles.

24 December 2007 – 31 May 2010:

As a full-time staff, duties and responsibilities included the following:

**Staff Nurse**

Intermediate Critical Care Unit

24 September 2007 –  
23 December 2007:

**Staff Nurse,**

Intensive Care Unit  
Chong Hua Hospital  
Fuente Osmeña, Cebu City,  
Philippines  
(63) 32 255-8000

- Monitored patient's vital signs and clinical condition including hemodynamic status and results of diagnostic studies and promptly referred them to the physicians. Responded quickly to any changes of patient's health status.
- Administered medications and intravenous therapies to patients maintaining accurate knowledge regarding their expected and unexpected effects.
- Transfused blood products with continuous monitoring of the patients.
- Performed comprehensive nursing assessments and re-assessments, formulated individualized plan of care, intervened

according to the care plan, and evaluated the overall effectiveness of the care provided.

- Formulated teaching plans based on identified learning ability and needs of the patient and their families. Provided health education and evaluated their effectiveness.
- Assisted physicians in performing bedside procedures.
- Maintained knowledge of cardiac monitoring, identified deviations from the normal, and provided appropriate treatment together with the code blue team based on ACLS protocol.
- Documented accurately patient care provided.
- Ensured patient confidentiality.
- Worked with other staff and coordinated with other departments for an interdisciplinary approach to patient care.

21 April 2007 –  
23 September 2007:

Time spent for self-preparation prior to being employed.

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## PROFESSIONAL REGISTRATION

Philippines Professional Regulation Commission  
Registered Nurse  
Reg. No.: 0430312  
Reg. Date: 20/04/2007  
Valid until: 12/12/2016

Singapore Nursing Board  
Registered Nurse  
Reg. No.: G5250203P  
Reg. Date: 02/03/2012  
Valid until: 31/12/2015

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## EDUCATION

Melbourne City Institute of Education  
in partnership with Wimmera Health Care Group  
IRON Program  
**Ongoing**, started on 19 October 2015

Xavier University – Ateneo de Cagayan  
Corrales St., Cagayan de Oro City  
Bachelor of Science in Nursing  
2002 – 2006

This Curriculum Vitae is true and correct as of 26<sup>th</sup> November, 2015.